

# Early-Parenting Perception and Performance Scale (EPPS)<sup>®</sup>

		Interacting with Baby				Early Caregiving					Moving Baby			Caring for Baby						Other				
		Therapeutic Touching	Understanding Behavioral Cues	Hand Swaddling	Skin-to-Skin Care	Taking Temperature	Promoting Non-Nutritive Suck	Promote Calming	Therapeutic Handling	Therapeutic Diapering	Swaddling	Therapeutic Positioning	Therapeutic Holding	Therapeutic Transferring	Breast Feeding	Bottle Feeding	Dressing	Swaddled Bathing	Therapeutic Massage	Social Interacting	Supporting Sleep			
PMA	Parent																							
	Date	Professional																						
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	Date	Professional																						

Parent: \_\_\_\_\_ Initials: \_\_\_\_\_

Professional: \_\_\_\_\_ Initials: \_\_\_\_\_

Parent: \_\_\_\_\_ Initials: \_\_\_\_\_

Professional: \_\_\_\_\_ Initials: \_\_\_\_\_

## PARENT SCALE

"I believe I can perform this task by myself."

 <p>①</p>	Strongly Agree
 <p>②</p>	Agree
 <p>③</p>	Neutral / I don't know
 <p>④</p>	Disagree
 <p>⑤</p>	Strongly Disagree

## PROFESSIONAL SCALE

①	Parent is independent with no physical assistance or verbal cueing
②	Parent needs minimal or 25% assistance
③	Parent needs moderate or 50% assistance
④	Parent needs maximal assistance or 75% assistance
⑤	Parent is unable to perform the task and requires 100% assistance