

FCC TASK FORCE

NEWSLETTER

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Mission Statement

The Family Centered Care (FCC) Task Force aims to educate, create guidelines, and facilitate unit-based interventions related to FCC in the Neonatal Intensive Care Unit.

The Newsletter provides commentary on the latest publications related to FCC work, showcases a dedicated section for family partners to share expert insights, and shines a spotlight on practical unit-based FCC ideas.

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Contact us:
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In this issue

Expert Insights – In promoting family centered care, it is imperative that we partner with families from the inception of our programs. Thusly, in our first newsletter, we've chosen to have our family partners speak for themselves.

**Dedicated to
their NICU
children**



EXPERT INSIGHTS

TRAUMA

"I was
terrified,
OVERWHELMED,
and
SCARED."

"After I gave birth at
24 weeks, I felt such

guilt.
I had
failed
the boys."

"I am not a good
mother.

I do not recognize my own
children."

"I blamed
myself."

"A lot of our birth parents are going through their own physical trauma... honoring and validating those lived experiences and feelings is such an important piece."

EXPERT INSIGHTS

EMPOWERMENT

“FCC helps families gain
CONFIDENCE
before taking their babies home.”

“As a parent,
I actually had the

OPPORTUNITY

to

contribute

what we were

OBSERVING

and what we were

seeing.”

“I’ll invite all clinicians to

EXPLORE

ways to design

culture

that is truly

inclusive.”

“Knowing that
when I was there, I was
participating

as her

MOM,

was really huge”

EXPERT INSIGHTS

EMPOWERMENT CONT.

"FCC is about being
SUPPORTIVE
holistically of the
baby
and the
FAMILY."

"Being able to be a
participant in that
CONVERSATION
during rounds as a parent
really made a
significant
difference."

"How can you help us be
EMPOWERED
parents?"

"Meet
families
where they are at."

"They said [the baby] needs you and I needed that to know that I was needed and supposed to be there because I could help... I would have been much more hands off without that kind of nudge."

EXPERT INSIGHTS

COMMUNICATION

“Take a little bit of extra time to

calm

the parents.

Explain to them from the start
that it is okay to ask

QUESTIONS.”

”DRAW BACK

after you have delivered difficult
news and allow families to

process

without much prodding.”

”A

NECESSARY

ingredient to having
family centered care is having a

consistent relationship

with caregivers. ”

”Having open

COMMUNICATION

with families enables you
to be a

better

care provider.”

”I want to re-emphasize not making

ASSUMPTIONS

about families.”

EXPERT INSIGHTS

MENTAL HEALTH & EQUITY

"All families
NEED
support and that
support will
vary."

"Having a parent
support
coordinator in the NICU as a
paid position is
invaluable."

"Sometimes families
WANT
to be at the bedside, but there are
OBSTACLES
keeping them from being there."

"We shouldn't
assume
what families know.
We can't
LOOK
at a family and tell what they
understand..."

"Having parental support from veteran parents is, for me, something that ought to be included in the definition of family centered-care."

DEDICATIONS

FAMILY PARTNER SPEAKERS



Jennifer Canvasser
NICU Children:
Micah, Zachary



Molly Fraust-Wylie
NICU Child: Max



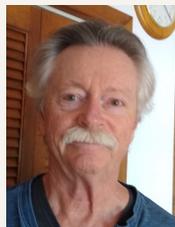
Marybeth Fry
NICU Child: Sophia



Nicholas Hall
NICU Children:
Graham, Reece



Katherine Huber
NICU Children:
Finn, Ethan



Dr. Mike Hynan
NICU Child:
Christopher



Necole McRae
NICU Child:
Ahmaari



Keira Sorrells
NICU Children:
Zoe, Avery, Lily



Meegan Snyder
NICU Child: Kensie



Kimberly Novod
NICU Child: Saul



Lelis Vernon
NICU Children:
Charlie, Bobby



Michelle Wrench
NICU Children:
Mischa, Elin,
Vivienne