

## Interview Questions for Parent Buddy Applicants

1. Tell me a bit about your connection to El Camino Hospital. When was your baby born and at what gestation? What were the highlights of the time in the hospital? How is your baby doing?
2. What do you imagine the role of a parent buddy to be? (Provide role description)
3. Why are you interested in becoming a parent buddy?
4. What are 2 or 3 of your strengths you would bring as a parent buddy? (reinforce that they already have skills)
5. Tell me about a challenging or problem situation you had in coping with your baby's NICU admission and how you handled it. (gives some insight into how they may counsel mentees)
6. Please give an example of how you prefer to communicate with health care professionals. (another area in which they will likely guide their mentee)
7. Do you feel you are past the hardest part of the difficult experience you had or is it still hard? What is an example of how you manage or reduce your stress? (to get an idea of whether they have adequately processed it or are still fragile and could be triggered)
8. What time-commitment would you be able to make to being a parent buddy? Is this a good time your life to take on another commitment? (talk about all the different ways they can be involved at different levels- the menu of options of how to participate)
9. Would you be willing to complete program documentation of on a timely basis and to accept and incorporate guidance and support?
10. Would you be willing to attend parent buddy training and participate in follow-up meetings?
11. What questions can I answer for you?
12. Do you have any concerns about participating?