

FCC TASKFORCE SPOTLIGHT



KATRINA MOLINE
Executive Director,
Hand to Hold
NICU Parent of Bryce



Meet Katrina! She serves as an Executive Council Family Partner and Organizational Partner for the Family-Centered Care Taskforce.

How were you personally activated to advocate for and support NICU families?

Through my own traumatic birth experience and subsequent 5-month NICU journey.

How does your organization/company/hospital support NICU families?

Hand to Hold provides free, early intervention mental health support to NICU families across the US through a variety of both in person and virtual programs.

What are the greatest needs of families in maternal-infant health you observe through your work?

Through my work with NICU families at Hand to Hold, some of the greatest needs I observe in maternal-infant health include: early and accessible mental health support, continuity of care across the perinatal spectrum, culturally competent and equitable support, peer support and connection, and support for the entire family unit.

What insight or advice do you have for healthcare professionals who want to implement/strengthen FCC practices in their hospital?

Understand that Family Centered Care is not a checklist but rather a culture. Units can begin to cultivate this culture by centering relationships.

Healthcare partners are... *key to ensuring every NICU baby and family feels seen, safe, and supported.*

NICU & bereaved parents are... *some of the strongest, most resilient people you'll come across. They are experts in their lived experience and allies in building systems that heal.*

What does being part of the FCC Taskforce mean to you personally?

It's truly an honor for me. As both a NICU parent and a nonprofit leader who advocates for families navigating the NICU, this work isn't theoretical, it's everyday real life. To me, the Taskforce represents a community of change-makers who believe that families are not passive recipients of care, but essential partners in it. It's a unique space where lived experience is valued alongside clinical expertise, and where equity, empathy, and collaboration guide the way forward. This work is both deeply personal and professionally crucial for me. To have the opportunity to work alongside professionals and parent leaders who are reimagining what's possible for NICU families, not just at the bedside, but throughout the entire continuum of care is a dream come true. The Taskforce is proof that when we center families, we create better outcomes for everyone.

What is your greatest wish in terms of the positive impact the FCC Taskforce members can make together in maternal-infant health?

I hope that our collective work inspires systems to move beyond policy-level FCC into truly relational, trauma-informed, and equitable care. That we help dismantle barriers, whether linguistic, financial, racial, or emotional, that keep families from participating fully in their child's care. Most of all, I hope we can rewrite the narrative of the NICU experience from one defined by fear, isolation, and uncertainty to one marked by belonging, compassion, and shared humanity. That our impact ripples beyond our individual roles and institutions and becomes a movement of healing for families, babies, and care teams alike.



Hand to Hold
NICU BABIES · PARENT SUPPORT